

Fortsetzung Bewerb 1 - 800m Freistil Damen

Int. Austrian Championships

4.	Holmes-Ulrich, Linda	1964	AUT	1. USC Traun	13:06,14	+02:26.18	459
RT +0.92 50m: 00:43,08, 100m: 01:32,08 (00:49,00), 150m: 02:22,63 (00:50,55), 200m: 03:12,36 (00:49,73)							
250m: 04:02,85 (00:50,49), 300m: 04:52,38 (00:49,53), 350m: 05:42,44 (00:50,06), 400m: 06:32,14 (00:49,70)							
450m: 07:22,33 (00:50,19), 500m: 08:12,39 (00:50,06), 550m: 09:01,63 (00:49,24), 600m: 09:50,99 (00:49,36)							
650m: 10:40,73 (00:49,74), 700m: 11:30,59 (00:49,86), 750m: 12:20,53 (00:49,94), 800m: 13:06,14 (00:45,61)							

Int. Österreichische Masters Meisterschaften (OSV)

2.	Holmes-Ulrich, Linda	1964	AUT	1. USC Traun	13:06,14	+01:03.37	459
RT +0.92 50m: 00:43,08, 100m: 01:32,08 (00:49,00), 150m: 02:22,63 (00:50,55), 200m: 03:12,36 (00:49,73)							
250m: 04:02,85 (00:50,49), 300m: 04:52,38 (00:49,53), 350m: 05:42,44 (00:50,06), 400m: 06:32,14 (00:49,70)							
450m: 07:22,33 (00:50,19), 500m: 08:12,39 (00:50,06), 550m: 09:01,63 (00:49,24), 600m: 09:50,99 (00:49,36)							
650m: 10:40,73 (00:49,74), 700m: 11:30,59 (00:49,86), 750m: 12:20,53 (00:49,94), 800m: 13:06,14 (00:45,61)							

--- 4. Abschnitt ---

Fortsetzung Bewerb 30 - 50m Freistil Damen

Int. Vienna Championships

35.	Holmes-Ulrich, Linda	1964	AUT	1. USC Traun	00:39,68	+11.66	369
RT +0.76 50m: 00:39,68							

Fortsetzung Bewerb 31 - 50m Freistil Herren

Int. Vienna Championships

48.	Gokl, Josef	1955	AUT	1. USC Traun	00:35,38	+10.73	424
RT +01.06 50m: 00:35,38							
52.	Dünser, Thomas	1972	AUT	1. USC Traun	00:37,58	+12.93	269
RT +01.00 50m: 00:37,58							

Fortsetzung Bewerb 35 - 50m Brust Herren

Int. Vienna Championships

29.	Gokl, Josef	1955	AUT	1. USC Traun	00:47,07	+16.89	385
RT +01.04 50m: 00:47,07							

Fortsetzung Bewerb 38 - 400m Freistil Damen

Int. Vienna Championships

13.	Holmes-Ulrich, Linda	1964	AUT	1. USC Traun	06:23,74	+01:41.19	437
RT +0.94 50m: 00:42,16, 100m: 01:27,67 (00:45,51), 150m: 02:15,73 (00:48,06), 200m: 03:04,87 (00:49,14)							
250m: 03:54,73 (00:49,86), 300m: 04:44,93 (00:50,20), 350m: 05:35,68 (00:50,75), 400m: 06:23,74 (00:48,06)							



09th Vienna International Masters Championships

01.04.-03.04.2022



Fortsetzung Bewerb 39 - 400m Freistil Herren

Int. Vienna Championships

16.	Dünser, Thomas	1972	AUT	1. USC Traun	06:11,44	+01:58.63	323
RT +01.08 50m: 00:43,64, 100m: 01:29,17 (00:45,53), 150m: 02:15,45 (00:46,28), 200m: 03:02,95 (00:47,50)							
250m: 03:51,06 (00:48,11), 300m: 04:38,85 (00:47,79), 350m: 05:26,30 (00:47,45), 400m: 06:11,44 (00:45,14)							